

**Guidelines for Submission of manuscripts based on completed
postgraduate studies
4th Research Symposium (RuFARS -2021)
Faculty of Allied Health Sciences
University of Ruhuna**

The manuscripts can be submitted by the academic staff members of the Faculty of Allied Health Sciences based on their already completed postgraduate studies. The manuscripts should be submitted using the following format.

1. Title page

Name(s) of the author(s) and affiliations with the title of the abstract should be given in the title page. Authors' surnames should be preceded by the initial(s) but not by prefixes such as Mr. or Dr. or Prof.

The name of the principal author should be stated first. Authors' names will be published in the abstract book in the order submitted by the principal author. Name of the presenting author should be underlined.

The contact details of the corresponding author (postal address, mobile number, email address) should be included as all correspondence will be addressed to the corresponding author.

Title: The title should be brief, but sufficiently descriptive of the study reported (80 - 100 characters). Capital letters should be used only for the first letter in the first word in the title and in proper nouns.

Address: The affiliations of the authors should be included. If the collaborators are from different institutions, their institutional affiliations have to be mentioned below the list of authors identifying each author with a number in superscript after the name and the same number in superscript before the name of the institution.

2. Manuscript structure

Body of the manuscript (word limit 3000 - 4000) should be written in below format;

- Abstract
- Background
- Materials and Methods
- Results
- Discussion
- Conclusions
- Acknowledgements
- References

Format your manuscript with double spacing, with pages numbered, using 12-point fonts in Times New Roman.

All manuscript should be submitted in English language without grammar and spelling mistakes.

Title

Provide a concise, explanatory title.

Abstract

The manuscript should contain an abstract. The abstract should be self-contained, citation-free, and should not exceed 250 words. Abstract should be written in a structured format under the following headings;

- Background
- Objectives
- Methods
- Results
- Conclusions

The abstract should be written following the guidelines provided for abstract submission (RuFARS 2021).

Background

Provide necessary background/context for the reader. Should indicate or hint at why the chosen topic is important timely.

Materials and Methods

The methods section should provide enough detail for others to be able to replicate the study. If you have more than one method, use subsections with relevant headings (*should be italic*). The methods section should include:

- the aim, design and setting of the study
- the characteristics of participants or description of materials
- a clear description of all processes, interventions and comparisons
- the type of statistical analysis used

Results

This section may be divided into subsections or may be combined. This should include the findings of the study including, if appropriate, results of statistical analysis which must be included either in the text or as tables and figures.

Discussion

This section may be divided into subsections or may be combined. This section should discuss the implications of the findings in context of existing research.

Conclusions

This should clearly explain the main conclusions of the article, highlighting its importance and relevance.

Acknowledgements

Acknowledge the individuals and funding sources who directly involves with the design, data collection, data analysis and manuscript writing.

References

Authors may submit their references in Vancouver style.

Tables, Figure(s), with legend(s)

Incorporate into the text at an appropriate place. In total maximum of 3-4 figures and tables are accepted.

3. Proofreading

The manuscript must be proofread by the author prior to submission.

4. Submission

Manuscript should be submitted online before **30th April 2021**.

Presentation: If the manuscript be selected for publication in the RuFARS proceeding book the author should make a 20 minutes presentation over the manuscript at the inaugural ceremony of the symposium.