

Sports events – 2021

Staff Engagement

Faculty of Allied Health Sciences
UNIVERSITY OF RUHUNA



Staff Sports Meet - 2021



The poster for the Staff Sports Meet 2021 at the University of Ruhuna features a vibrant background with silhouettes of athletes in various sports. On the left, a list of sports includes Cricket, Volleyball, and Netball. The central text announces the event for February 20, 2021, starting at 8 a.m. onwards, and mentions participation by all staff members at the University playground. A specific note states that the 1st Round Cricket matches will be held on 13th Feb 2021. The bottom of the poster credits the Sports Advisory Board & Physical Education Unit as the organizers. The University of Ruhuna logo is in the top left corner.

Cricket
Volleyball
Netball

STAFF SPORTS MEET 2021
UNIVERSITY OF RUHUNA

February 20, 2021
at 8 a.m. onwards
with all staff members
@ University playground

1st Round Cricket matches will be held on 13th Feb 2021

Organized by
Sports Advisory Board
& Physical Education Unit



රුහුණ විශ්ව විද්‍යාලයේ කාර්ය මණ්ඩල

ක්‍රීඩා උළෙල-2021

13th and 20th -Feb-2021

මෙම කාර්ය මණ්ඩල ක්‍රීඩා උළෙල තරඟ තුනක් පමණක් පැවැත්වීමට කටයුතු කර ඇත.

තරඟ:

- Cricket (first round: 13-Feb-2021)
- Volleyball – (පිටි 4 -කාන්තා 2)
- Net ball –(කාන්තා)

මෙම සියලුම තරඟ එක් දිනක් තුළ විශ්ව විද්‍යාල එළිමහන් ක්‍රීඩාංගනයේ පැවැත්වීමට බලාපොරොත්තු වේ. සියලුම තරඟ උදෑසන 7.30 ට ආරම්භ වේ.

පොදු නීති වීම්

1. මෙම තරඟවලට සහභාගී විය හැක්කේ රුහුණ විශ්ව විද්‍යාලයේ සේවය කරන සේවකයන්ට පමණි.
2. සෑම තරඟයක් සඳහාම එක් පීඨයකින් කණ්ඩායම් දෙකක් පමණක් සහ Divisions (අංශ) වලින් එක කණ්ඩායමක් පමණක් සහභාගී විය හැක.
3.
 - i. සෑම කණ්ඩායමක්ම අතිරේක ක්‍රීඩකයින් නම් කළ යුතු අතර එකම වේලාවකදී තරඟ දෙකක් පවත්වන විට, එම අතිරේක ක්‍රීඩකයන් යොදා ගෙන තරඟයට සහභාගී විය යුතුය. (මෙය බලපානු ලබන්නේ යම් කිසි ක්‍රීඩකයෙකු හෝ ක්‍රීඩිකාවක් තරඟ දෙකකට සහභාගී වී එම තරඟ දෙකම එකම අවස්ථාවේදී පවත්වන විටය)
 - ii. මොනාම හේතුවක් නිසාවෙන් අදාළ ක්‍රීඩකයා එතතුරු එක තරඟයක් පාවතාලිකව පොතවත් වන අතර, ඊළඟට කාල වේතාවේදී පවත්වනු නොලබයි.
4. සෑම ක්‍රීඩකයෙකුම ක්‍රීඩා ආචාර්ය ධර්ම වලට අනුගතව ක්‍රීඩා කළ යුතු අතර, ආක්‍රමණශීලී හා කල්හකාරී ලෙස ක්‍රීඩා පිටියේ හැසිරිය නොහැක. එසේ කල්හකාරී

Participation of the FAHS

- There were three type of games in staff sports meet in 2021 such as Cricket, Volleyball and Netball. Cricket for Men, Netball for Women and Volleyball for both Men and Women. There was a one day for Cricket first round and the final day and the closing ceremony was held on 20th February in 2021.
- We are the staff Faculty of Allied Health Sciences in University of Ruhuna participated to the Staff Sports Meet in 2021. We gathered together and participated those three games in this time. We have the teams for each games and we use the "AHS Gladiators" as the name of our teams. There were 24 staff members participating to the Staff Sports Meet in 2021 as the players. I like to say, we practiced hard as a one team and tried to win but unfortunately we lose this time. But we never give up and try our best next time.

Staff Team Members

	NAME	DEPARTMENT	EVENT
01	Ms. S.K. KODITHUWAKKU	Department of Nursing	Netball
02	Ms. T.M.I.S. GUNASEKARA	Department of Nursing	Netball
03	Dr. H.H. PEIRIS	Department of Medical Laboratory Science	Netball
04	Ms. C.J. VITHANA	Department of Medical Laboratory Science	Netball
05	Ms. H.A. THANUJA	Department of Medical Laboratory Science	Netball
06	Ms. R.N. NADEESHANI	Deans' office	Volleyball
07	Ms. M.A.K. MADHUWANTHI	Department of Medical Laboratory Science	Volleyball
08	Mr. K.A.C. JAYANATH	Security Division	Volleyball
09	Mr. D.S.L. SENEVIRATHNA	Department of Pharmacy	Cricket
10	Mr. W.W.S. VIDURANGA	Finance Division	Cricket
11	Mr. N.V.P. PREMASIRI	Security Division	Cricket
12	Mr. B.S. SILVA	Department of Medical Laboratory Science	Cricket
13	Mr. D.W.G.M. SIRIWARDHANA	Library	Cricket
14	Mr. G.V.R. KUMARA	Deans; Office	Cricket
15	Mr. O.I.A. KUMARA	Cleaning Service	Cricket
16	Mr. M.G.S.V. CHANDRARATHNE	Deans' Office	Cricket
17	Dr. R.H.M.P.N. RATHNAYAKE	Department of Nursing	Netball/ Volleyball
18	Mr. S.D. LAKMAL	Department of Pharmacy	Cricket/ Volleyball
19	Mr. W.A. SAMEERA	Department of Pharmacy	Cricket/ Volleyball
20	Mr. M.V.P. MADHUSHANKA	Security Division	Cricket/ Volleyball
21	Mr. P.G.G.S. VIDUSANA	Department of Medical Laboratory Science	Cricket/ Volleyball
22	Ms. A.A.D.S. AMARASINGHE	Department of Medical Laboratory Science	Participate
23	Mr. W.L. WICKRAMASINGHE	Finance Division	Participate
24	Mr. K.V.P.R. KUMARA	Deans' Office	Participate

Memories of the Staff Sports Meet - 2021



Aerobic Exercise Program

*AEROBICS
FOR HEALTHY LIFE.....*



Every Tuesday @ 4.30pm
& Friday @ 5pm



Conducted by,
Shamali Rajapaksha
Physical Instructor
Faculty of Allied Health Sciences
University of Ruhuna

